

## School Assistant – English Content

### Topic: How to Live to Be - 200

1. The present essay is taken from the following of Stephen Leacock \_\_\_\_\_.

- 1) Nonsense Novels
- 2) Sunshine Sketches of little town
- 3) Arcadian Adventures with the Idle Rich
- 4) Literary Lapses

2. Read the following lines and answer the questions below.

“Twenty years ago I knew a man called Jiggins, who had the Health Habit.”

The narrator of the above sentences is \_\_\_\_\_.

- 1) Isaac Asimov
- 2) R.K. Laxman
- 3) J.B. Priestley
- 4) Stephen Leacock

3. In the above lines, the pronoun “I” refer to -

- 1) Fritz Karinthy
- 2) Stephen Leacock
- 3) J.B. Priestley
- 4) Isaac Asimov

4. “Jiggins” is a character in -

- 1) Robots and People
- 2) The Face on the Wall
- 3) How To Live To Be – 200
- 4) The Gold Frame

5. What are the different things that Jiggins did to keep fit?

- 1) Cold plunge – hot sponge – Sandow exercises – Slinging around his room
- 2) Meditation – Yoga – going to Gym
- 3) Hot sponge – Sandow exercises
- 4) Both meditation and yoga

6. Which of the following food stuff is usually avoided by the people who are health conscious?

- 1) Albumen
- 2) Huckleberry pie and doughnuts
- 3) Doing Sandow exercises
- 4) Starch and nitrogen

7. Read the following lines and answer the question.

**“Eat what you want. Eat lots of it. Yes, eat too much of it. Eat till you can just stagger across the room with it and prop it up against a sofa cushion.”**

**In these lines, the pronoun “you” refers to -**

- 1) The narrator      2) The speaker      3) The reader      4) Stephen Leacock

8. The meaning of “Stagger” is \_\_\_\_.

- 1) Walk slowly      2) Walk gradually      3) Walk steadily      4) Walk unsteadily

9. The meaning of “prop up” is -

- 1) To get support      2) To get sleepy      3) To get gloomy      4) To lean against

10. The present essay “How to Live to Be – 200” is \_\_\_\_.

- 1) A parody on the people who are not health-conscious  
2) An ironic and humorous comment on the health mania of modern day man  
3) A piece of advice to the young generation to keep their bodies fit  
4) An ironic and humorous comment on the health mains of the old-fashioned men.

11. Read the following lines and answer the question.

**“They go out in silly little suits and run marathon heats before breakfast.”**

**In these lines, the pronoun “they” refers to -**

- 1) The people who are greatly concerned about their health.  
2) The people who are not concerned about their health.  
3) The old fashioned people who are greatly concerned about their health.  
4) The young generation who are greatly concerned about food habits.

12. In the above lines, “silly little suits” refers to -

- 1) Special clothes that are wonderful      2) Special clothes those are strange to look  
3) Special clothes that are worn on special days      4) Track suits for performing a play

13. The meaning of “exhilarating” is \_\_\_\_.

- 1) Happy & exciting
- 2) Happy and gloomy
- 3) With a lot of excitement and amusement
- 4) With a lot of exhibition of Joy

14. The word “Reminiscences” has \_\_\_\_.

- 1) Four syllables
- 2) Five syllables
- 3) Six syllables
- 4) Three syllables

15. Read the following and answer the questions.

“Now people of this sort have no chance to attain any great age. They are on the wrong track.”

In the above lines, the writer talks about

- 1) The people who get up early and run for miles.
- 2) The people who avoid tasty food.
- 3) The people who do not drink tap water or eat canned food.
- 4) All the above.

16. The writer conveys which of the following message in the above lines?

- 1) People live long in spite of all the efforts.
- 2) People do not live long in spite of all the efforts.
- 3) People who live long by protecting their health.
- 4) The young generation who want to live long.

17. “Fear of stranger/foreigners” is termed as -

- 1) Xenophobia
- 2) Genophobia
- 3) Claustrophobia
- 4) Technophobia

18. What is Leacock’s advice regarding one’s food habits?

- 1) Following a particular diet.
- 2) Eating according to one’s wishes.
- 3) Changing food habits based on seasons.
- 4) Initiating and practicing the principles of food habits from others.

**19. Which of the following is not a usage of present simple tense?**

- 1) Expressing facts
- 2) Expressing Routines
- 3) Expressing present situations
- 4) Expressing opinions

**20. Which of the following is not correct?**

- 1) Genophobia- fear of strangers
- 2) Acrophobia- fear of heights
- 3) Photophobia- Aversion to light
- 4) Claustrophobia- fear of closed spaces

**21. Which of the following suffix gives a meaning of an uncontrollable desire to do something?**

- 1) – mania
- 2) – aholic
- 3) – phobia
- 4) - phile

**22. Which of the following suffix gives the meaning of unable to stop doing something?**

- 1) – mania
- 2) – phobia
- 3) – graphy
- 4) - aholic

**23. Which of the following suffix gives the meaning of a strong unreasonable fear of something?**

- 1) – mania
- 2) – phobia
- 3) – aholic
- 4) – logy

**24. Stephen Leacock's 'How to live to Be-200' is an example for\_\_\_\_\_.**

- 1) A novel
- 2) a short story
- 3) An essay
- 4) a play

**25. The following is the order of activities that are done by Jiggins in "How to live to Be-200"-**

- 1) Cold plung → hot plung → Breathing at the window
- 2) Hot plung → cold plung → Breathing at the window
- 3) Breathing at the window → cold plung → hot plung
- 4) Breathing at the window → hot plung → cold plung

**26. In the essay *How to Live to Be-200*, the writer addresses people not to get scared of -**

- 1) Germs and insects
- 2) Insects and snakes
- 3) Snakes and wild animals
- 4) Germs and Bacilli

27. In the essay *How to Live to Be-200*, the self-help cooks and health foods are -

- 1) Encouraged                      2) promoted                      3) Laughed at                      4) cared for

28. In the essay *How to Live to Be-200*, people like Jiggins are said to suffer from-

- 1) Health mania                      2) Illness                      3) Health habit                      4) over eating

29. In the essay *How to live to Be-200*, Leacock says the following except-

- 1) Eat a bag of starch                      2) Have a drink of glue  
3) Eat a sofa cushion                      4) Have a spoonful of portland cement

30. Stephen Leacock was a well-known \_\_\_\_\_ author and humorist.

- 1) Canadian                      2) Indian                      3) British                      4) Australian

31. The essay *How to Live to Be-200* is taken from his collection of Literacy Lapses published in \_\_\_\_\_.

- 1) 1912                      2) 1911                      3) 1910                      4) 1921

32. The following is not a writing of Stephen Leacock -

- 1) Nonsense Novels                      2) Sunshine sketches of a little town  
3) Arcadian Adventures with the idle Rich                      4) Literacy essays

33. The following is not a character in the story *How to live to Be-200*-

- 1) Fad                      2) Robert                      3) Jiggins                      4) Stephen Leacock

**Read the following passage and answer the questions. (34 – 38)**

He spent half the night slinging himself around his room. He said it made his brain clear. When he got his brain perfectly clean, he went to bed and slept. As soon as he woke, he began clearing it again. Jiggins is dead. He was, of course, a pioneer, but the fact that he dumb-belled himself to death at an early age does not prevent a generation of young men from following in his path.

They are ridden by the Health Mania. They make themselves a nuisance. They get up at impossible hours. They go out in silly little suits and run marathon heats before breakfast. They chase around barefoot to get the dew on their feet. They hunt for ozone. They bother about pepsin. They won't eat meat because it has too much nitrogen. They won't eat fruit because it hasn't any. They prefer albumen and starch and nitrogen to huckleberry pie and doughnuts. They won't drink water out of a tap. They won't eat sardines out of a can. They won't drink milk out of a glass. They are afraid of alcohol in any shape. Yes, sir, afraid. "Cowards."

**34. What benefit does Jiggins get by slinging himself around his room?**

- 1) Relief in the muscle
- 2) Relief in the brain
- 3) Relief in the neck
- 4) Relief in the waist

**35. How did Jiggins die?**

- 1) Heavy exercise
- 2) Light exercise
- 3) Heavy workload
- 4) Daredevil feats

**36. Why people are so conscious about their health?**

- 1) Due to malnutrition
- 2) Over eating
- 3) Poverty
- 4) To maintain a good physics

**37. Why is this fascination for maintaining a good physic called a mania?**

- 1) Unnecessary madness towards developing a body
- 2) Excessive concern for hearth also leads to interference with the logic of the body
- 3) It is a trend now
- 4) It is a fashion

**Read the following passage and answer the questions. (39 – 42)**

Now people of this sort have no chance to attain any great age. They are on the wrong track. Listen. Do you want to live to be really old to enjoy a grand, green, exuberant, boastful old age and to make yourself a nuisance to your whole neighbourhood with your reminiscences? Then cut out all this nonsense. Cut it out. Get up in the morning at a sensible hour. The time to get up is when you have to not before. If your office opens at eleven, get up at ten-thirty. Take your chance on ozone. There

isn't any such thing any way. Or, if there is you can buy a thermos bottle full for five cents, and put it on a shelf in your cupboard. If your work begins at seven in the morning, get up at ten minutes to, but don't be liar enough to say that you like it. It isn't exhilarating and you know it.

Also drop all that cold-bath business. You never did it when you were a boy. Don't be a fool now. If you must take a bath (you don't really need to), take it warm. The pleasure of getting out of a cold bed and creeping into a hot bath beats a cold plunge to death. In any case stop gassing about your tub and your "shower," as if you were the only man who ever washed.

**38. What would happen if one goes for regular exercise?**

- 1) One will remain fit
- 2) One would live longer
- 3) One would see his grand children
- 4) One would remember his age

**39. Why don't some people like to live longer?**

- 1) They do not like dependence
- 2) The new age does not treat their time properly
- 3) Life becomes memory
- 4) They love death

**40. Why does an extreme fastidiousness towards the maintenance of the body diminish the demands for a free life?**

- 1) Life becomes rule-bound
- 2) Wishes are curtailed
- 3) Body enjoys slavery
- 4) Rules are internalized

**41. How is it possible that to live a careless life is to enjoy life?**

- 1) Rule-bound life makes it more formal
- 2) Life become mechanical
- 3) To structure a life is to live a good life
- 4) Enjoyment depends on excess

**Read the following passage and answer the questions. (43 – 46)**

He \_\_\_\_\_ (a) take a cold plunge every morning. He said it opened his pores. \_\_\_\_\_ (b) it he took a hot sponge. He \_\_\_\_\_ (c) it closed the pores. He did so that he could open and shut his pores at \_\_\_\_\_ (d).

- 42.** 1) was                      2) used to                      3) had                      4) did

43. 1) before                      2) after                      3) thereafter                      4) then
44. 1) mentioned                      2) informed                      3) said                      4) denied
45. 1) shall                      2) will                      3) volition                      4) wish

**Read the following passage and answer the questions. (47 – 50)**

\_\_\_\_\_ (a) for exercise, if you have to take it, take it and put it with it. \_\_\_\_\_ (b) as long as you have the price of a hack and can hire other people to \_\_\_\_\_ (c) baseball for you and run races and go gymnastics when you sit in the shade and smoke and watch them – great heavens, what more do you \_\_\_\_\_ (d)?

46. 1) when                      2) as                      3) so as                      4) presumably
47. 1) when                      2) but                      3) because                      4) as
48. 1) play                      2) played                      3) playing                      4) have played
49. 1) love                      2) expect                      3) want                      4) hate

**Key**

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|-------|-------|-------|-------|-------|-------|-------|-------|
| 1) 4  | 2) 4  | 3) 2  | 4) 3  | 5) 1  | 6) 2  | 7) 3  | 8) 4  |
| 9) 1  | 10) 2 | 11) 1 | 12) 2 | 13) 1 | 14) 2 | 15) 4 | 16) 2 |
| 17) 1 | 18) 2 | 19) 3 | 20) 1 | 21) 1 | 22) 4 | 23) 2 | 24) 3 |
| 25) 1 | 26) 4 | 27) 4 | 28) 1 | 29) 3 | 30) 1 | 31) 3 | 32) 4 |
| 33) 1 | 34) 2 | 35) 1 | 36) 4 | 37) 2 | 38) 2 | 39) 2 | 40) 2 |
| 41) 4 | 42) 2 | 43) 2 | 44) 3 | 45) 2 | 46) 2 | 47) 2 | 48) 1 |
| 49) 3 |       |       |       |       |       |       |       |